



2024-25 Handbook

VSB 2024-25 Handbook

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Dance is the joy of
movement and the
heart of life.

-unknown

Welcome to VSB 2024-25 Performance Season

We are very excited to see our dancers in the studio and get back to dance.

Our 2024-25 season will see returning staff members we know and love. Returning faculty will be myself, Miss Abbe and Miss Jorja. We are welcoming Miss Lauren Thomas and Miss Pauline Helina to our Faculty and Leah Broadwood to our Admin Team. We are excited to get into the studio again!

This season, we will be using email to communicate last minute cancellations as well as regular updates and newsletters. We do cancel classes from time to time due to staff illness or unsafe driving conditions - it is up to each family to ensure that their contact information is up to date and that they take measures to ensure that no urgent information is missed. Please use the Parent Portal to update your contact information.

Please use your VSB Handbook as a guide for the season. It contains information regarding billing and payment, communication, schedules, class descriptions, and our seasonal calendar, important contact information. Additionally, as dates and times may change throughout the year, our website is updated regularly with the newest information, and the Parent Portal Calendar will be a great asset as well.

Questions regarding billing and payments can be made to our Admin Team at vegrevilleballetoffice@gmail.com. Please keep in mind that our staff is not working on our accounts full-time, and we will get back to you as soon as possible, though it may take some days.

Any other questions can be directed to me at vegrevilleballet@gmail.com. I do have time restraints, but will reply as soon as possible. Please keep in mind that I am unable to answer phone calls while teaching classes, but if you wish to speak to me directly, we can arrange a time that works for both of us.

We are very excited to start a new season with our VSB family.

Miss Laura & Staff

Billing & Pricing

Full Season Classes

Our tuition fees are based on weekly hours accumulated by each dancer on a 28-week season.

Tuition has been divided into 8 equal payments that will be billed monthly. Your first monthly payment amount plus your \$50 Registration fees will be billed to your account after you enroll through our online portal and **due immediately**. The remaining 7 payments will be billed on the 1st of the month October - April, and are due upon receipt.

Following fees are due upon registration:

1. \$50 Registration Fee (per family).
2. Monthly Fee for September (per student).

Make payment via etransfer to vegrevilleballet@gmail.com.

Families who prefer to pay in full before September 20th will receive a 10% discount. If you are interested, please to contact us at vegrevilleballetoffice@gmail.com and so that she can make the necessary adjustments to your account. Please note that it may take some days for us to get back to you.

Withdrawals will incur a \$30 processing fee.

Late fees of 5% on balance owing after 10 days. All fees include GST.

Use the table below to determine your monthly tuition payment:

Weekly Hours	Monthly Payment		Weekly Hours	Monthly Payment		Weekly Hours	Monthly Payment
			2.25	115.00		4.25	182.50
0.5	45.00		2.5	125.00		4.5	190.00
0.75	55.00		2.75	135.00		4.75	197.50
1	65.00		3	145.00		5	205.00
1.25	75.00		3.25	152.50		5.25	212.50
1.5	85.00		3.5	160.00		5.5	220.00
1.75	95.00		3.75	167.50		5.75	227.50
2	105.00		4	175.00		6	235.00

COSTUME FEES - \$100 for Performance Classes – billed October 1, due October 15th
 Costume Fees are non-refundable.

FESTIVAL FEES - \$135 for each Performance Class - billed November 1st, due November 15th
 Festival Fees are non-refundable.

All regular Performance Classes will be attending 3 festivals in the spring.

Sessional Classes (such as Little Minis and Intro to Acro) are not included in this fee schedule.

Sessional Classes

These classes are sessional and are not included in the full season tuition pricing.

Little Mini 3-4

Session 1 - 30 minute weekly classes for 6 weeks - **\$90**
(September 10, 17, 24, October 1, 8, 22)

Session 2 - 30 minute weekly classes for 6 weeks - **\$90**
(October 29, November 5, 19, 26, December 3, 10)

Session 3 - 30 minute weekly classes for 6 weeks - **\$90**
(January 7, 15, 21, 28, February 4, 11)

Session 4 - 30 minute weekly classes for 8 weeks - **\$120**
(February 25, March 4, 11, 18, April 1, 8, 15, 22)

Recital Costume Fee - \$75 for Little Minis due Feb 24th
Costume Fees are non-refundable.

Little Mini 5

Session 1 - 30 minute weekly classes for 6 weeks - **\$90**
Creative Movement (September 9, 16, 23, 30, October 7, 21)

Session 2 - 30 minute weekly classes for 6 weeks - **\$90**
Hip Hop (October 28, November 4, 18, 25, December 2, 9)

Session 3 - 30 minute weekly classes for 6 weeks - **\$90**
Acro (January 6, 13, 20, 27, February 3, 10)

Session 4 - 30 minute weekly classes for 8 weeks - **\$120**
Jazz (February 24, March 3, 10, 17, 31, April 7, 14, 28)

Recital Costume Fee - \$75 for Little Minis due Feb 24th
Costume Fees are non-refundable.

Intro to Acro

Session 1: September 10 - December 3 - 45 minute weekly classes for 13 weeks - **\$220**

Session 2: January 8 - April 9th - 45 minute weekly classes for 13 weeks - **\$220**

No Costumes - No Performances for Intro to Acro

Withdrawals will incur a \$30 processing fee.

All fees include GST. Payment is due before the start of each session.

Pay via e-transfer to vegrevilleballet@gmail.com.

Communication

As indicated in the introduction, we will no longer be using the Remind App for communication. Instead we will be using email to communicate last minute cancellations. As we do cancel classes from time to time due to illness or unsafe conditions, it is up to each family to ensure that their contact information is up to date and that they take measures to ensure no urgent information is missed. Please use the Parent Portal to update your contact information.

We will be updating our Social Media with information as well. Please follow us at:

Facebook: Vegreville School of Ballet
Instagram: vegrevilleballet
Twitter: @VegBallet
Website: www.vegrevilleschoolofballet.com
Email: Miss Laura - vegrevilleballet@gmail.com
Leah (Admin Assistant) - vegrevilleballetoffice@gmail.com

Parent Portal

Our Parent Portal allows you access your account, view your billing, update contact information, view class schedules and more. You can even access emails sent to you from VSB! Use this QR code to access your account through the Parent Portal. Please allow 10 business days to process payments and changes to your account.



VSB Parent Association

Years ago, VSB was run solely by our Parent Association. Now, the everyday running of things is done by Miss Laura, but the VSB Parent Association still plays a vital roll in our studio. They provide funding for photos, rehearsals and performances, allowing VSB to keep your costs down while still providing optimal programming. If you are looking for a way to get involved in our community and/or have great ideas that you would like to see come to light, please consider volunteering with our Parent Association. There will be an AGM in the Fall - please watch for more information.

Dance ReWear Sale

Our Rewear Sale remains ongoing in our lobby. This is a great opportunity to get your dancer's gear at a fraction of the cost, or to free up some space in your closet. 25% of all sales will be going toward the purchase of mirrors for the studio!

More information is available on our website and in the lobby of the studio.

There is also a Facebook Group called Vegreville Dance Buy and Sell where you are able to post what you are selling and/or in search of. This is a great way to access used items year round.

VSB Dress Requirements

Our dress requirements are designed to both prevent injury and assist the teachers in improving the technique of the dancers. It is important that all dancers arrive ready to dance, with hair up (bun for ballet, bangs back for all disciplines) and appropriate clothing and footwear. Only small stud earrings are acceptable for class, no other jewelry is permitted. A fitted sweater and fitted legwarmers are suggested for warm-up. Sweat Pants are great for a cover-up to and from class on colder days, but should be removed when class starts.

Little Minis

See page 13

Ballet

Girls:

Black bodysuit – Any Style
(for exams Capezio CC202 or Mondor 1645 in Black)
Optional: :Black sheer ballet wrap skirt or bike-shorts
Capezio tights in light pink or skin-tone.
Ballet 1-2 - Bloch Belle ballet slippers to match tights
Ballet 3-4 - So DanceSD16 slipperto match tights

Boys

Bloch Dancesoft leather ballet slippers in Black
Black Dance Shorts
White t-Shirt
Black Socks

Jazz, Lyrical, Musical Theatre and Stretch & Tech

Girls:

Black, fitted bike-shorts or leggings
Black fitted tank top or bodysuit
Capezio tights in Caramel or skin tone
Jazz oxfords into match tights.

Boys:

Black Shorts
White T-shirt
Black socks
Bloch, Elastabootie jazz oxfords in Black

Hip Hop

Non-marking, **clean** indoor running shoes (white unless otherwise directed by teacher) and T-shirt, leggings or sweat pants. No jeans!

Acro Dance

Girls:

Black, fitted short-shorts or leggings
Black tank-style bodysuit

Boys:

Black Shorts
White T-shirt - tucked in

2 Yoga Blocks.

Absolutely NO JEWELRY is permitted in Acro Dance classes.

Hair must be pulled back and held tight against head (ie: French braid).

For the dancer's safety, dancers who are not dressed or groomed appropriately will not participate in class.

Recommended Sources

VSB Rewear Sale - September 9th at the studio

Purchase and sell used dance-wear, shoes and more. Proceeds are being put toward new mirrors for the studio.

And All That Jazz - Sherwood park - 780-416-2017

<https://andallthatjazz.ca/>

Class Etiquette

Behavior

We realize that our dancers enjoy the social aspect of their dance classes. It can be a great way to spend time with old friends and make new friends. That being said, the studio is a place to of learning and as such, dancers need to behave accordingly. Dancers are expected to work hard in class and be respectful to their teachers as well as fellow classmates. We appreciate the help of all parents (especially those of our younger dancers) in reminding their children of what is expected in the classroom as well as the lobby before and after class.

Attendance

As with any forum for learning, absence from a dance class will result in missed opportunities to improve on known material as well as not learning new steps and choreography. Prolonged or regular absence can result in a student falling behind in his/her progress and no longer being able to keep-up with his/her classmates. For this reason more than three unexcused absences may prevent a dancer from attending performances, including festivals and the year-end recital. Please be diligent in your attendance and communications with your instructor.

Similarly, students who are habitually late for classes will find that they are slipping behind the progress made by the rest of their classmates. This may also prevent dancers from competing with their class, so please continue to be diligent in getting to class on time.

On occasion, tardiness is unavoidable. When you find yourself in this situation, please be polite when entering the class in progress and do your best to join in without causing a distraction. You may find it better to get ready (hair up, shoes on, etc.) Prior to entering the studio.

Should a dancer be absent or late for class for any reason, that dancer (or parent) is expected to notify their instructor(s).

Dance -Bag Essentials

In addition to being on time each week, dancers who are prepared for class are going to be able to work harder and achieve more in class. A great way to help your dancer be prepared for every class it to put together a dance bag. It doesn't have to be fancy, but it really can make a huge difference for dancers, especially those studying multiple genres. Here is a list of items that are great to have on hand:

- Hair brush
- Comb
- Hair elastics
- Hair Pins
- Bun form
- Hair spray
- Deodorant
- Lip balm
- Feminine Hygiene items
- Simple sewing kit
- Safety pins
- Extra tights
- Granola bar
- Band-Aids
- Liquid Band-Aid
- Breath mints
- Water bottle
- Hand sanitizer
- Thera-band
- Legwarmers
- Pen and notebook

Don't forget your dance shoes and extra tights/socks!



2024-2025 Calendar

SEPTEMBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

OCTOBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

NOVEMBER

S	M	T	W	T	F	S
						1 2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

DECEMBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JANUARY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

FEBRUARY

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

MARCH

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

MAY

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

ALL DATES ARE SUBJECT TO CHANGE

September 5 - Town Registration Night
 September 9 - Performance Season Begins
 October 14 - Thanksgiving - No Classes
 October 31 - Halloween - No Classes
 November 11-12 - Fall Break - No Classes
 December 15 - Tinsel & Tutus
 December 17-19 - Flux Week
 (reserved for any classes in lieu)
 December 20 - Winter Break Begins
 January 6 - Regular Classes Resume
 February 17 - Family Day - No Classes

March 1 - Festival Dress Rehearsal
 March TBA - Picture Days
 March 14-16 - Debut Dance Festival (St. Albert)
 March 24 - Spring Break Begins - No Classes
 April 4-6 - Just Dance Festival (Morinville)
 April 11-13 - Starstruck Festival (Vermillion)
 April 25 - Recital Rehearsal
 April 26 - Spring Recital
 April 28 - Acro Achievement Day
 May TBA - Festival #4
 May 13 - Spring Session Begins

Performance Season Schedule

Subject to change & all classes are based on minimum enrollment
Please visit our website for the most up-to-date version.

VSB Schedule 2024-25				
Updated September 1, 2024				
	Monday	Tuesday	Wednesday	Thursday
	Miss Abbe	Miss Laura	Miss Pauline & Miss Jorja	Miss Lauren
3:45				
4:00	Jazz 1	Acro Choreo 1	Jazz 2	Hip Hop 3
4:15	4:00-4:45	4:00-4:45	4:00-4:45	4:00-4:45
4:30	45 minutes	45 minutes	45 minutes	45 minutes
4:45	Little Mini 5 (Sessional)	Little Mini 3-4 (Sessional)	Intro to Acro (Sessional)	Musical Theatre
5:00	4:45-5:15	4:45-5:15	4:45-5:30	4:45-5:30
5:15	30 minutes	30 minutes	45 minutes	45 minutes
5:30	Acro 2	Ballet 3 (Tech)	Ballet 1-2	Hip Hop 4
5:45	5:15-6:00	5:15-6:00	5:30-6:15	5:30-6:15
6:00	45 minutes	45 minutes	45 minutes	45 minutes
6:15	Acro 3	Modern	Hip Hop 1	Jazz 3
6:30	6:00-7:00	6:00-6:45	6:15-6:45	6:15-7:00
6:45	60 minutes	45 minutes	30 minutes	45 minutes
7:00	Acro 4 (Abbe & Laura)	Acro Choreo 2	Hip Hop 2	Ballet 3-5 Choreo
7:15	7:00-8:00	6:45-7:30	6:45-7:30	7:00-7:45
7:30	60 minutes	45 minutes	45 minutes	45 minutes
7:45	Acro 5 (Abbe & Laura)	Ballet 4-5 (Tech 1)	Lyrical	Stretch & Strength
8:00	8:00-9:00	7:30-8:30	7:30-8:15	7:45-8:30
8:15	60 minutes	60 minutes	45 minutes	45 minutes
8:30		Ballet 4 Pre-Pointe	Ballet 4-5 (Tech 2)	Jazz 4
8:45	60 minutes	8:30-9:00	8:15-9:00	8:30-9:15
9:00		Ballet 5 Pointe		45 minutes
9:15		9:00-9:30		
9:30				
	Festival (3)	Recital only	Tech only	

Genres, Levels & Prerequisites

Acro Tech

Our Acro classes are technique only classes. There will not be a routine learned and performed in this class, but instead dancers work toward goals, learning tricks and building strength and flexibility, Enrollment in these classes is determined by skill level first and age second. If you have questions regarding placement, please reach out to Miss Laura via email at vegrevilleballet@gmail.com.

Intro to Acro - Grade 1+ with limited or no experience in Acro. This class runs in 13 week sessions, at the end of which dancers can be integrated into the higher levels at the discretion of the teachers.

Acro 2 - Grade 2+ with 1-2 years of experience in Acro.

Acro 3 - Grade 3+ with 3-4 years experience in Acro.

Acro 4 - Grade 5+ with 4 or more years of experience in Acro.

Acro 5 - This class is for our most advanced Acro dancers - teacher & director approval is required.

Acro Choreo

In our Acro Choreo classes, dancers will learn a routine to be performed in Festivals and our Spring Recital.

Acro Choreo 1 - Grades 2+ and must be enrolled in Acro 2 or 3. Jazz and Ballet are recommended.

Acro Choreo 2 - Must be enrolled in Acro Tech 4 or 5 AND at least one of: Stretch and Strength, Jazz or Ballet.

Ballet

Our Ballet classes are designed to maximize technical instruction for everyone. For dancers who want the technical training but do not want to participate in ballet on stage, we have separated our older classes into technique classes and choreography classes.

Ballet 1-2 - Grade 1-4 - will learn a routine for Festivals and Spring Recital.

Ballet 3 - Grade 5-6 - this is a technique only class.

Ballet 4-5 - Grade 7+ - this is a technique only class.

Ballet 3-5 Choreo Grade 5+ - must be enrolled in Ballet Tech.

Ballet 4 Pre-Pointe - Grade 7+ - must be enrolled in Ballet 4-5 (Tech 1) & Ballet 4-5 (Tech 2). and with teacher approval.

Ballet 5 Pointe - Grade 8+ - must be enrolled in Ballet 4-5 (Tech 1) & Ballet 4-5 (Tech 2). and completed Pre-Pointe.

Jazz

In our jazz classes, dancers will work on technique and learn a routine to be performed in Festivals and our Spring Recital.

Jazz 1 - Grade 1-2

Jazz 2 - Grade 3-4

Jazz 3 - Grade 5-6, enrollment in Stretch & Strength is recommended.

Jazz 4 - Grade 7+, enrollment in Stretch & Strength is recommended

Musical Theatre

In Musical Theatre, dancers will learn a routine to be performed at Festivals and in the Spring Recital. Dancers are required to take Jazz. Grade 3+.

Modern

Our Modern class will teach dancers the techniques of Modern dance. They will learn a routine to be performed at Festivals and in the Spring Recital. There are no prerequisites for Modern. Grade 5+.

Lyrical

In our Lyrical class dancers will learn a routine to be performed at Festivals and in the Spring Recital. Lyrical dance is complex and difficult to master. As such there are prerequisites for this class.

Lyrical - Grade 6+ or teacher & director approval - dancers must be enrolled in Ballet Tech as well as either Acro or Jazz. Stretch & Strength is recommended.

Hip Hop

Our Hip Hop classes will be learning a routine to be performed at festivals and our Spring Recital. There are no prerequisites for Hip Hop dancers.

Hip Hop 1 - Grade 1-2

Hip Hop 2 Grade 3-4

Hip Hop 3 - Grade 5-6

Hip Hop 4 - Grade 7+

Stretch & Strength

In this class, dancers will learn body-awareness as they work on improving strength and flexibility and learn basic technique. There are no prerequisites for this class. Grade 5+ or teacher recommendation.

We strongly recommend all dancers study ballet as it is fundamental to all dance training available at VSB.

Class Assistant & Junior Instructor Programs

Is your dancer interested in becoming a Class Assistant with VSB? This is an exciting and very rewarding opportunity.

Expectations of a VSB Class Assistant:

In their own classes, our ideal candidate will:

- Demonstrate inclusion, teamwork, excellence and teamwork.
- Show a love for dance.
- Work hard in their technical classes to achieve their best.
- Demonstrate an understanding of the importance of technique.
- Follow instruction with enthusiasm and positivity.

For the classes they are assisting a Class Assistant will:

- Arrive Early
- Dress appropriately for the genre of the class they are assisting.
- Welcome each dancer to the class and help them find their places.
- If a dancer arrives late – ensure they are settled without interrupting the teacher or class flow.
- Lead warm-ups or exercises as the teacher requests.
- Be familiar with class work, routines and class flow so you can step in if needed.
- Help to keep the focus on the teacher and class flow.
- Guide dancers to bathroom as required. DO NOT enter bathroom with dancers.
- Help the teacher to keep the studio clean during and after class.

In addition to helping with weekly classes, Class Assistants are committed to:

- Attend all performances, photo days and rehearsals if their class
- Be an Ambassador for VSB at all VSB events and within the community. This means:
 - Be respectful of all VSB Staff, dancers and families
 - Be kind
 - Be inclusive
 - Be helpful
 - Strive for excellence

If your dancer is interested in being a Class Assistant, please fill out the form on our website: <https://www.vegrevilleschoolofballet.com/class-assistants-Jr> prior to September 9th.

Junior Instructors

Our Senior Dancers can participate in our Junior Instructor Program. This is a 2 year program in which dancers are mentored and given more responsibility, like co-teaching large classes and subbing if needed.

Dancers must be in grade 11 to enter this program.

Little Minis

Our Little Minis program is a great opportunity to nurture and promote the growth and development of your young child. In addition to socialization and making friendships that can last a lifetime, your child will learn to take direction, work with others, practice many fine motor skills, as well as gross motor skills that are developmentally appropriate, all while using imagination and growing in self-confidence.

Uniform:

Girls: for class, bodysuits and dance tights are best. For the first half of the season, dancers should have pink ballet slippers, then switch to clean indoor sneakers for hip hop, bare feet for acro and pink ballet slippers for jazz.

Boys: for class dancers should wear a boy's bodysuit or white t-shirt with black shorts, black socks and black ballet slippers. For the second half of the season, we switch to clean indoor sneakers for hip hops, bare feet for acro and black ballet shoes for jazz.

Dancers with long hair should have their hair back, preferably in a bun for ballet, and jazz or a braid for acro. Please no necklaces, rings, dangly earrings or bracelets.

In colder months, dancers may add fitted sweaters to keep warm

Costumes for Spring Recital:

Your dancer will receive a costume for the Spring Recital. Girls will need to have beige dance tights and the required shoes for their performance. It is recommended that you purchase a pair of tights to save only for performances and pictures.

Important Dates:

Subject to change.

Tinsel & Tutus Performance - December 15

Class Pictures - March TBA

Recital Rehearsal - April 25

Spring Recital - April 26



Pricing

Little Mini 3-4

Session 1 - 30 minute weekly classes for 6 weeks - **\$90**
Ballet (September 10, 17, 24, October 1, 8, 22)

Session 2 - 30 minute weekly classes for 6 weeks - **\$90**
Ballet (October 29, November 5, 19, 26, December 3, 10)

Session 3 - 30 minute weekly classes for 6 weeks - **\$90**
Jazz (January 7, 15, 21, 28, February 4, 11)

Session 4 - 30 minute weekly classes for 8 weeks - **\$120**
Jazz (February 25, March 4, 11, 18, April 1, 8, 15, 22)

Recital Costume Fee - \$75 for Little Minis due Feb 24th
Costume Fees are non-refundable.

Little Mini 5

Session 1 - 30 minute weekly classes for 6 weeks - **\$90**
Ballet (September 9, 16, 23, 30, October 7, 21)

Session 2 - 30 minute weekly classes for 6 weeks - **\$90**
Hip Hop (October 28, November 4, 18, 25, December 2, 9)

Session 3 - 30 minute weekly classes for 6 weeks - **\$90**
Acro (January 6, 13, 20, 27, February 3, 10)

Session 4 - 30 minute weekly classes for 8 weeks - **\$120**
Jazz (February 24, March 3, 10, 17, 31, April 7, 14, 28)

Recital Costume Fee - \$75 for Little Minis due Feb 24th
Costume Fees are non-refundable.

All fees include GST. Payment is due before the start of each session.

Withdrawals will incur a \$30 processing fee.

Pay via e-transfer to vegrevilleballet@gmail.com.

Solo & Duet Information

Dancers who are interested in pursuing a solo or duet can arrange this through their teacher. All arrangements for extra choreography are strictly at the teacher's discretion. Dancers must be enrolled in at least one Choreography class at VSB and must register their solo or duet with Miss Laura in order to be included in Festivals and our Solo Show in April.

If your dancer is interested in a solo or duet, the first step is to find a teacher to choreograph their dance. This is done by contacting the teacher directly using the information below. Teachers are independent contractors, so their fees, booking system, schedule, etc. may be different from each other. Make sure you understand how their rehearsals work, how flexible they are able to be regarding their schedule, how they divide the rehearsals, etc..

Once you have confirmed a teacher, please email Miss Laura at vegrevilleballet@gmail.com to be added to the list.

Festival Registration:

In mid-late October, Miss Laura will be sending out a registration form to everyone on her list. This is where you select which festivals you will attend with the solo/duet. After everyone has filled out the form, accounts will be billed with the fees for selected festivals.

Costumes:

Miss Laura will also be sending a form to order costumes. Quotes will be sent, orders will only be made if parental approval for the quote is received and the bill is paid. Late orders will not be accepted.

Please note:

It is not required for solo/duet costumes to be ordered through VSB, but this is an additional service that can be accessed. Each family is welcome to find other sources for costuming.

All costumes need to be approved by your teacher.

Please read the following page of VSB Extra Choreography Policies prior to committing.

VSB Extra Choreography Policies

Dancers who are interested in pursuing a solo or duet can arrange this through their teacher. All arrangements for extra choreography are strictly at the teacher's discretion. Dancers must be enrolled in at least one Choreography class at VSB and must register their solo or duet with Miss Laura in order to be included in Festivals and our Solo Show in April.

Arrangements for extra choreography are to be made with your instructor with fees that are at their discretion, as they are contractors. Please contact your instructor directly for availability and pricing.

Please register your routine with VSB so your dancer can be enrolled in festivals. This can be done by email to Miss Laura at vegrevilleballet@gmail.com. Failure to do this may result in your dancer not being registered for festivals or included in performances.

Festival Fees are additional to your choreographer's fees. You will be sent a form by Miss Laura to fill out for festival attendance. Following this, your account will be billed accordingly. Registration in festivals will require payments for these fees to be made on time - if payments are not made, dancers will not be registered in the festivals. These fees are non-refundable and are due by November 15th.

Costuming is the responsibility of the dancer and parent(s). However, your instructor and Miss Laura must approve it and can help in ordering if needed. Ordering costumes will have additional fees and these must be paid prior to your dancer's costume being ordered. Orders and payment for solo costumes are due on October 31st. More information will be sent to parents of registered soloists/duets. These fees are non-refundable.

Learning and perfecting an extra routine takes a great deal of extra effort by the dancer(s), teacher and parents. It is expected that dancers will be committed to putting in extra time into these routines so they will be properly prepared.

Parent involvement is necessary to ensure an at home practice schedule is set, that each student knows their choreography when returning to next class, rehearsals are attended and costuming is appropriate and completed on time no matter the age of the student.

Sportsmanship will always be shown on and off the floor by dancers and their families as representatives of VSB.

Dancers must be enrolled in and attending the VSB group class of their chosen genre to participate in extra choreography. Example: a dancer wishing to perform a Hip Hop Solo must be registered in and attending a VSB Hip Hop class.

Acro - Acro tricks are very risky and mistakes can have detrimental effects. With this in mind, we have created the following policies for Acro dancers:

- Your choreographer must be a certified Acro Dance Teacher.
- Acro Soloists must be enrolled in and attending Acro Tech and their respective Acro Choreo class at VSB.

Dancers wishing to do Acro tricks in choreography of other genres (ie Jazz or Hip Hop):

- Must be enrolled in and attending an Acro Tech class at VSB, as well as their classes in their chosen genre.
- Must have already mastered every choreographed trick and have approval from their Acro Tech teacher .
- Must have their solo reviewed for approval by Miss Laura for safety.
- Your choreographer must be a certified Acro Dance Teacher.
- No more than 3 Acro tricks can be included in choreography of another genre - this is a festival rule and failure to follow would result in disqualification.
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NOTE: Miss Laura and VSB have the right to refuse extra choreography if requirements are not met. Routines that do not meet the above criteria or that are not being performed properly may be pulled from any festival or performance with no refunds.

