

VSB Schedule 2024-25

	Monday	Tuesday	Wednesday	Thursday	Friday
	Miss Abbe	Miss Laura	Miss Pauline & Miss Jorja	Miss Lauren	Miss Abbe
4:00	Jazz 1	Acro Choreo 1	Jazz 2		
4:15	4:00-4:45	4:00-4:45	4:00-4:45		Rec Jazz - Ages 6-9 (Sessional)
4:30	45 minutes	45 minutes	45 minutes		4:15-5:00
4:45	Little Mini 5 (Sessional)	Little Mini 3-4 (Sessional)	Intro to Acro (Sessional)	Hip Hop 3	45 minutes
5:00	4:45-5:15	4:45-5:15	4:45-5:30	4:45-5:30	Little Minis 3-4 (Sessional)
5:15	30 minutes	30 minutes	45 minutes	45 minutes	5:00-5:30
5:30	Acro 2	Ballet 3 (Tech)	Ballet 1-2	Hip Hop 4	Intro to Acro (Sessional)
5:45	5:15-6:00	5:15-6:00	5:30-6:15	5:30-6:15	5:30-6:15
6:00	45 minutes	45 minutes	45 minutes	45 minutes	45 minutes
6:15	Acro 3	Modern	Hip Hop 1	Jazz 3	Intro to Ballet - Ages 8-12 (Sess)
6:30	6:00-7:00	6:00-6:45	6:15-6:45	6:15-7:00	6:15-7:00
6:45	60. minutes	45 minutes	30 minutes	45 minutes	45 minutes
7:00	Acro 4 (Abbe & Laura)	Acro Choreo 2	Hip Hop 2	Ballet 3-5 Choreo	Rec Hip Hop - Ages 10+ (Sess)
7:15	7:00-8:00	6:45-7:30	6:45-7:30	7:00-7:45	7:00-7:45
7:30	60 minutea	45 minutes	45 minutes	45 minutes	45 minutes
7:45	Acro 5 (Abbe & Laura)	Ballet 4 -5 (Tech 1)	Lyrical	Stretch & Strength	
8:00	8:00-9:00	7:30-8:30	7:30-8:15	7:45-8:30	
8:15	60 minutes	60 minutes	45 minutes	45 minutes	
8:30	Acro 5 (Abbe & Laura)	Ballet 4 Pre-Pointe	Ballet 4-5 (Tech 2)	Jazz 4	
8:45	8:00-9:00	8:30-9:00	8:15-9:00	8:30-9:15	
9:00	60 minutes	30 minutes	45 minutes	45 minutes	
9:15		Ballet 5 Pointe			
9:30		9:00-9:30			
		30 minutes			

Festival Participation (3)	Recital only	Tech only	Sessional Classes
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